

# ABSTRACT OF THE DISCLOSURE

In a recording control apparatus and method, in recording areas on an optical disk, consecutive empty areas for an ALLOCATION\_UNIT are reserved as reserved areas. Multiplexed data in units of packets which can be recorded in the reserved areas is recorded in the reserved areas. A remaining part of the reserved areas in which the multiplexed data in units of packets is not recorded is freed as empty areas. Subsequently, multiplexed data is similarly recorded.